

Camrose Public Library

Life Cycle Pilot

Volunteer Position Description

Position Overview and Impact: Camrose Public Library has a trishaw called the "Life Cycle" with a seat for two in the front in the front and a battery assist for the volunteer pilot.

Many elderly often experience a loss of mobility and independence. This leads to social isolation, loneliness, and depression. Time spent with the volunteers on the Trishaw breaks them free from their social isolation. The program gives them wind in their hair, the ability to connect with nature, and the chance to share their stories.

Local volunteers called 'pilots' visit homes, care and senior centers/facilities around the community and offer rides on the Trishaw. Being out in nature and with the 'pilots', nurtures emotional well-being. Nature rides make passengers smile, bring back their memories, and allow them to be part of society again and thereby renew their appetite for life itself. We believe life can and should be beautiful at any age – even at 100!

Key Responsibilities:

- Volunteers will provide rides on the motorized trishaw called the "Life Cycle" for elderly members of our community.

Qualifications:

- As long as you can ride a bicycle, have strong legs and a desire to help others, then there is plenty of space for you.
- Ideal volunteer will have good customer service and communication skills, patience, enthusiasm for working with others, and be willing and able to follow directions.
- Able to commit to and keep scheduled hours.
- Willingness and compassion for working with library patrons that come from diverse backgrounds and various walks of life.

Staff Volunteer Contact:

Training and Support Provided:

All members of Cycling Without Age worldwide have the same pilot training,

which you will receive.

An orientation to the Camrose Public Library will be given by staff, covering library resources and policies.

The library will provide ongoing support and access to staff as needed for problem-solving, information and support.

Time Commitment: 4 - 6 hours per month, minimum

Length of Commitment: 4 months requested – however, this position is weather dependent as it involves outdoor activity

Benefits of Volunteering:

- Cycling Without Age is all about bringing together the young and elderly in the outdoors, to experience the joy of travelling by bike and feeling free!
- Chance to meet new people and help others.
- The library staff would be happy to write letters of recommendation for exceptional volunteer service.

Requirements:

All volunteers are required to submit a volunteer application. After receiving your application, there will be a volunteer orientation. If your application is successful, a criminal record and vulnerable persons check will be required. Please note, this position may not be available at all times.

Contact Person: